

**VI BIEG NYSKI - 09.06.2018, NYSA
- 10KM - K50**

09-06-2018 20:32

Str: 1

| Msc | NrSt | Nazwisko | Klub/Miasto | Rok | Msc | Brutto | Netto | Km/h | Tempo | |
|-----|------|---------------------------|----------------------|------|-----|--------|---------|---------|--------|------|
| 1 | 67 | MILER BARBARA | NIEMODLIN BIEGA,NIEM | 1968 | | 224e | 46:37 | 46:23 | 12,936 | 4:39 |
| 2 | 170 | RUSCHE SILVIA | LAUFTREFF LÜDINGHAUS | 1962 | | 358e | 50:50 | 50:29 | 11,885 | 5:05 |
| 3 | 161 | USZKO SABINA | IZBICKO - SIEDLEC | 1965 | | 401e | 52:06 | 51:45 | 11,594 | 5:12 |
| 4 | 213 | MIKULEC MAŁGORZATA | LIPKI | 1967 | | 413e | 52:20 | 51:40 | 11,613 | 5:14 |
| 5 | 286 | WARZECHA TERESA | ATHLETICS NYSA,PACZK | 1962 | | 527e | 55:52 | 55:25 | 10,827 | 5:35 |
| 6 | 377 | GUŁA IWONA | BIERZÓW | 1967 | | 573e | 58:05 | 57:29 | 10,438 | 5:48 |
| 7 | 65 | MICHALSKA-HASIAK KATARZYN | NYSA | 1965 | | 582e | 58:13 | 57:48 | 10,381 | 5:49 |
| 8 | 283 | POHL ANNA | BIALA | 1968 | | 670e | 1:03:17 | 1:02:45 | 9,562 | 6:19 |
| 9 | 354 | CZARNECKA BARBARA | NYSA | 1959 | | 722e | 1:11:58 | 1:11:04 | 8,443 | 7:11 |
| 10 | 584 | WAŚOWICZ KRYSZYNA | PRIMA APRILIS CLUB,N | 1964 | | 730e | 1:19:22 | 1:19:06 | 7,585 | 7:56 |
| 11 | 691 | CIECIELĄG OLA | NYSA | 1968 | | 732e | 1:28:03 | 1:27:09 | 6,885 | 8:48 |